

**CEUs  
available!**

# **2nd ISSN-KSU Nutrition and Training Conference March 9, 2019**

**7:00 AM - 9:15 AM CISSN/SNS Certification Exams (optional - 70% discount w/  
conference registration) -- Contact Trisha VanDusseldorp, tvanduss@kennesaw.edu,  
to register**

**8:30 AM - 9:30 AM Conference Check In and Registration (light breakfast and coffee)**

**9:30 AM - 10:30 AM - Matthew Stratton, MS(c), CISSN, CSCS, CPT**

**Keto with a Side of Bacon: An Evidence Based Look at the Social Media Giant**

**10:40 AM - 11:40 AM - Mike Roberts, PhD**

**Factors That Influence High and Low Muscle Growth Responses to Resistance Training**

**11:45 AM - 12:45 PM - Lunch (provided)**

**1:00 PM - 2:00 PM - Jerry Mangan, PhD, CSCS\*D**

**Incorporating Dietary Supplements with Sports Specific Training and Competition**

**2:10 PM - 3:10 PM - Jeremy Townsend, PhD, CSCS\*D**

**Performance Probiotics? Evidence for Probiotic Supplementation in Athletes**

**3:20 PM - 4:20 PM - Darren Candow, PhD, CSEP- CEP**

**Creatine Supplementation and Aging Musculoskeletal Health**

**Contact: Trisha VanDusseldorp, PhD, CISSN, CSCS**

**tvanduss@kennesaw.edu**

**Register: <https://www.sportsnutritionssociety.org>**

