

4th ANNUAL RUTGERS HUMAN PERFORMANCE CONFERENCE

Presented by the International Society of Sports Nutrition (ISSN)

PRECONFERENCE CLINIC APRIL 21, 2017 10:00 AM – 3:00 PM

Located at the IFNH Center for Health and Performance at 61 Dudley Road New Brunswick, NJ 08901

Check in Begins.....9:45 AM – 10:00 AM

Michael Camp, DPT, CSCS, PES, CES.....10:00 AM – 11:20 AM
"Strategies for Training with Shoulder & Back Pain!"

Michelle Arent, MPH, CSCS, CISSN, USAW.....11:20 AM – 12:40 PM
David DiFabio MA, CSCS, CSPS, USAW
"Optimizing Metabolic Conditioning 'Met Con' Program Design; the Role of Bioenergetics and Technology"

LUNCH & NETWORKING.....12:40 PM – 1:40 PM

Layne Norton, PhD.....1:40 PM – 3:00 PM
"Powerlifting Strategies – From Technique to Programming"

MAIN CONFERENCE APRIL 22, 2017 8:00 AM – 5:00 PM

Located at the Rutgers Business School (Livingston Campus) 100 Rockefeller Rd, Piscataway Township, NJ 08854

Registration Begins.....8:00 AM – 8:45 AM

Shawn Arent, PhD, CSCS*D, FACSM, FISSN.....8:45 AM – 9:00 AM
Welcome & Introduction

Chris West, MS, CSCS.....9:00 AM – 10:00 AM
"Integrating Player Monitoring into the Sports Performance Model"

Robin Queen, PhD, FACSM.....10:00 AM – 11:00 AM
"ACL Injury Risk, Rehabilitation, Return to Sport, and Prevention of Secondary Injuries"

Avery D. Faigenbaum, EdD, FACSM, FNCSA.....11:00 AM – 12:00 PM
"The ABC'S of Long Term Athletic Development"

LUNCH & NETWORKING.....12:00 PM – 1:30 PM

Darryn S. Willoughby, PhD, FACSM, FISSN, FACN, FASEP, CSCS, CISSN.....1:30 PM – 2:30 PM
"Nutritional Considerations for Strength and Power Athletes"

Susan M. Kleiner, PhD, RD, FACN, CNS, FISSN.....2:30 PM – 3:30 PM
"Optimizing Nutrition for Female Athletic Performance"

Rutgers Women's Soccer Staff.....3:30 PM – 4:30 PM
"From the Lab to the Field: How We Built a Title Contender"

REGISTRATION PRICING DETAILS:

To Register for the **MAIN CONFERENCE** Visit: <https://ce-catalog.rutgers.edu/coursedisplay.cfm?schID=64795&check=1>

To Register for the **PRECONFERENCE CLINIC** (with or without main conference)

Visit: <https://ce-catalog.rutgers.edu/coursedisplay.cfm?schID=64898&check=1>

| | Registration by 3/31/2017 | | | Registration after 3/31/2017 | | |
|--------------------------------|---------------------------|-----------------|---------------------|------------------------------|-----------------|---------------------|
| | Clinic | Main Conference | Clinic + Conference | Clinic | Main Conference | Clinic + Conference |
| ISSN Student Member: | \$85.00 | \$10.00 | \$90.00 | \$90.00 | \$20.00 | \$100.00 |
| Non-ISSN Student Member: | \$85.00 | \$40.00 | \$110.00 | \$90.00 | \$50.00 | \$120.00 |
| ISSN Professional Member: | \$95.00 | \$95.00 | \$160.00 | \$100.00 | \$115.00 | \$180.00 |
| Rutgers Faculty and Staff: | \$95.00 | \$95.00 | \$160.00 | \$100.00 | \$115.00 | \$180.00 |
| Non-Affiliates: | \$95.00 | \$100.00 | \$165.00 | \$100.00 | \$120.00 | \$185.00 |
| Military and First-Responders: | \$90.00 | \$90.00 | \$155.00 | \$95.00 | \$110.00 | \$170.00 |

***\$15 service fee will be applied to all on-site registrations
For questions please contact: Bridget.McFadden@rutgers.edu